

Anderson Center Athletic Training Room Rules

- No tobacco or food
- Not a hangout, only come in if you need something
- No obscenities
- Do not bring any equipment (bags, cleats, etc....) in the athletic training room
- Wear proper attire; shorts and a t-shirt at a minimum
- After practice, shower before coming into the athletic training room for treatment or an evaluation
- Do not remove anything from the athletic training room without permission
- Be polite and cooperative for best results
- Taping and treatments will be on a “first come, first serve basis. Please arrive early for practice. Treatments or tapings should not interfere with practice time
- It is the student-athletes responsibility to report all injuries and/or illnesses to the athletic trainer
- If an athlete needs something from the athletic training room and a certified athletic trainer is not there, the athlete’s coach must supervise the athlete while in the athletic training room
- Under no circumstances should the electric stimulation or ultrasound unit be used by anyone but a certified athletic trainer