



Men's Indoor Records

<u>Event</u>	<u>Name</u>	<u>Time/Distance</u>	<u>Year</u>
55M	Cody Hack	6.73	2007
60M	Cody Hack	7.37	2007
55H	Paul Fontana	8.31	2004
60H	----	----	----
200M	Mike Yenkowski	23.29	2002
400M	Mike Yenkowski	51.56	2001
500M	Brandon Jayne	1:08.82	2006
800M	Frankie Redmond	1:54.95	2009
1000M	Frankie Redmond	2:35.47	2009
1500M	Chris Wadas	4:07.92	2004
1 Mile	Frankie Redmond	4:26.77	2009
3000M	Chris Wadas	9:00.42	2004
2 Mile	Mike Petrikonis	10:28.00	2005
5000M	Jeff Dahlgard	15:56.88	2003
Long Jump	Eric Rogers	21'11"	2008
Triple Jump	Jim Post	44'9.75"	2006
High Jump	Jude Schappert	6'4"	2008
Pole Vault	Vitaliy Doboni	12'6"	2009
Shot Put	Ryan Kearney	44'0.5"	2007
Weight Throw	Ryan Kearney	43'4.5"	2007
4x200 Relay	M. Lechniak - M. Lanfrank J. Higgins - P. Fontana	1:37.05	2004
4x400 Relay	B. Jayne - E. Rogers J. Ward - J. Post	3:33.23	2006
4x800 Relay	M. Lechniak - M. Yenkowski A. Colardo - C. Wadas	8:22.55	2003
4x1600 Relay	----	----	----
DMR	C. Wadas - M. Lechniak J. Ward - M. Petrikonis	10:37.80	2005
Pentathlon	Jude Schappert	3314	2008

(through 2008-09 season)