MISERICORDIA TRACK & FIELD

Men's Indoor Top 10 *(through 2008-09 season)*

			Name(s)	Year				Name(s)	Year				Name(s)	Year
55m	1	6.73	Cody Hack	2007	**3000m**	1	9:00.42	Chris Wadas	2004	**PV**	1	12'6"	Vitaliy Doboni	2009
	2	6.76	Matt Rogers	2002		2	9:16.50	Jeff Dahlgard	2003		2	12'	Frank Castrigano	2009
	2	6.76	Mike Yenkowski	2002		3	9:20.55	Steve Beecher	2006		3	10'0	Justin Sandy	2002
	4	6.81	Eric Rogers	2005		4	9:21.65	Mike Guest	2007		4			
	5	6.89	Rhett Holmes	2002		5	9:22.00	Chase Susko	2006		5			
	6	6.99	Phillip Thomas	2003		6	9:34.11	Dillon Lockwood	2006		6			
	7	7.01	Steven Clemson	2009		7	9:34.66	Mike Petrokonis	2004		7			
	8	7.19	Matt Lanfrank	2003		8	9:40.00	Ryan Garges	2006		8			
	9	7.23	Joe Kindt	2001		9	9:40.54	Jeff Ward	2006		9			
	10	7.24	Brandon Jayne	2005		10	9:41.53	Dave Allison	2003		10			
60m	1	7.37	Cody Hack	2007	**2 Mile**	1	10:28.00	Mike Petrikonis	2005	**4X200**	1	1:37.05	M. Lechniak - M. Lanfrank	2004
	2	7.42	Eric Rogers	2005		2	10:52.50	Steve Beecher	2005				J. Higgins - P. Fontana	
	3					3					2	1:38.80	M. Yenkowski - P. Fontana	2003
	4					4							J. Higgins - M. Lechniak	
	5					5					3	1:42.43	B. Jayne - S. Zubko	2008
	6					6							V. Doboni - D. Meyer	
	7					7					4	1:42.90	Tim Hoban - David Meyer	2009
	8					8							Vitaliy Doboni- Dan Warakomiski	
	9					9					5			
	10					10								
200m	1	23.29	Mike Yenkowski	2002	**5000m**	1	15:56.88	Jeff Dahlgard	2003	**4X400**	1	3:33.23	B.Jayne-E.Rogers	2006
	2	23.56	Matt Rogers	2001		2	16:00.16	Chris Wadas	2003				J.Ward-J.Post	
	3	23.99	Cody Hack	2007		3	16:05.54	Jeff Ward	2007		2	3:34.16	C.Hack-E.Rogers	2007
	4	24.06	Rett Holmes	2002		4	16:08.96	Mike Petrikonis	2005				F.Redmond-P.Cawley	
	5	24.27	Eric Rogers	2005		5	16:43.74	Ryan Garges	2009		3	3:34.84	M.Lechniak-R.Holmes	2002
	6	24.29	Joe Kindt	2001		6	16:44.33	Steve Beecher	2006				J.Higgins-M.Yenkowski	
	7	24.33	Steven Clemson	2009		7	16:45.00	Dillon Lockwood	2006		4	3:35.00	B.Jayne-E.Rogers	2005
	8	24.49	Tom Nocera	2006		8	16:45.18	Mike Guest	2008				J.Ward - M. Lechniak	
	9	24.60	Brandon Jayne	2006		9	16:59.04	Pat Blaskiewicz	2009		5	3:35.44	M.Lechniak-A.Colardo	2003
	10	24.65		2006		10	17:22.65	Ryan Garges	2007				J.Higgins-M.Yenkowski	
400m	1	51.56	Mike Yenkowski	2001	**55h**	1	8.31	Paul Fontana	2004	**4X800**	1	8:22.55	M. Lechniak-M. Yenkowski	2003
	2	51.88	Eric Rogers	2006		2	8.32	Jude Schappert	2008				A. Colardo-C. Wadas	
	3	53.49	Mike Lechniak	2005		3	8.61	Dustin Barrett	2007		2	8:33.72	J. Ward-C. Susko	2004
	4	53.84	Brandon Jayne	2005		4	8.69	Jeffrey Salvatore	2009				M. Petrikonis-C. Wadas	
	4	54.40	Jason Higgins	2004		5	8.88	Tim Hoban	2009		3	8:41.56	J.Ward - S. Beecher	2005
	5	54.63	Tom Nocera	2006		6	9.06	Phillip Thomas	2003				R. Mallis - B. Snyder	
	7	54.86	Rett Holmes	2002		7	9.22	Justin Sandy	2005		4	8:57.95	M. Lechniak-A. Colardo	2003
	8	54.98	Kyle Suponcic	2009		8	9.32	Kevin Franco	2004				J. Higgins-C. Wadas	
	9	55.27	Paul Fontana	2004		9	9.43	David Meyers	2008		5	9:07.04	C. Wadas-B. Lepley	2002
	10	55.58	Dustin Barrett	2007		10							D. Allison-B. Snyder	
500m	1	1:08.82	Brandon Jayne	2006	**LJ**	1	21'11"	Eric Rogers	2008	**DMR**	1	10:37.80	C. Wadas- M Lechniak	2005
	2	1:09.87	Jason Higgins	2004		2	21'0.50	Steve Clemson	2009				J. Ward - M. Petrikonis	
	3	1:12.34	Mike Lechniak	2002		3	20'5.25"	Jude Schappert	2008		2	11:00.36	C. Wadas-J. Higgins	2004
	4	1:13.79	Nate Sattazahn	2002		4	1911"	Jim Post	2008				M. Lechniak-M. Petrikonis	
	5	1:14.20	Anthony Colardo	2004		5	18'-11 1/4"	Matt Reed	2001		3	11:04.21	C. Wadas-M. Yenkowski	2003
	6					6	18'-5 1/2"	Eric McDermott	2001				A. Colardo-D. Allison	
	7					7	18'-2 3/4"	Philip Thomas	2003		4	11:12.03	N. Wadas-A. Colardo	2004
	8					8	17'-10"	Justin Sandy	2005				C. Susko-M. Petrikonis	
	9					9	17'9.75"	Dan Warminski	2007		5	11:18.93	J. Ward - B. Jayne	2006
	10					10	16'-9 1/2"	Jeff Kernag	2001				C. Susko - S. Beecher	
800m	1	1:54.95	Frankie Redmond	2009	**TJ**	1	44'9.75"	Jim Post	2006	**Pent**	1	3314	Jude Schappert	2008
	2	2:00.37	Jeff Ward	2005		2	44'9"	Eric Rogers	2008		2	2802	Justin Sandy	2005
	3	2:02.45	Chris Wadas	2005		3	42'6.75"	Jude Schappert	2008		3			
	4	2:02.53	Mike Lechniak	2004		4	38'05.5"	Steven Clemson	2009		4			
	5	2:03.45	Mike Yenkowski	2003		5	38'-4 1/2"	Justin Sandy	2002		5			
	6	2:06.26	Anthony Colardo	2003		6	37'-2 1/2"	Rich Headdings	2002		6			
	7	2:07.86	Kyle Suponcic	2009		7					7			
	8	2:07.97	Patrick Noonan	2009		8					8			
	9	2:08.30	Chase Susko	2004		9					9			
	10	2:11.14	Ryan Mallis	2005		10					10			
1000m	1	2:35.47	Frank Redmond	2009	**HJ**	1	6'4"	Jude Schappert	2008					
	2	2:36.00	Jeff Ward	2007		2	6'3.75"	Justin Sandy	2005					
	3	2:41.50	Chris Wadas	2002		3	5'10"	Dan Warakomiski	2009					
	4	2:48.85	Dave Allison	2003		4	5'8"	Eric Rogers	2008					
	5	2:51.56	Chase Susko	2005		5	5'8"	Kevin Franco	2004					
	6	2:52.96	Barry Snyder	2004		6	5'6"	Jeff Dahlgard	2002					

	7	2:53.48	Jason Williams	2001		7	5'6"	Jared Pazanski	2008						
	8	2:57.31	Ryan Mallis	2006		8									
	9	2:58.24	Josh Stewart	2006		9									
	10	2:58.37	Todd Matukaitis	2001		10									
1500M	1	4:07.92	Chris Wadas	2004	**Shot**	1	44'0.5"	Ryan Kearney	2007						
	2	4:24.30	Jeff Ward	2004		2	37'6"	Chase Thomson	2009						
	3	4:27.34	Dave Allison	2003		3	36'3"	George Lazur	2005						
	3	4:27.34	Jeff Dahlgard	2003		4	36'2.25"	Art Pupa	2008						
	5	4:36.74	Mike Doyle	2003		5	35'8.75"	Jude Schappert	2008						
	6	4:37.17	Dillon Lockwood	2004		6	34'11"	Kyle Karpich	2009						
	7	4:44.44	Nick Wadas	2004		7	33"3.75"	Ryan Hannagan	2009						
	8	4:46.70	Justin Sandy	2004		8	33"0.5"	Kanen Gavitt	2009						
	9	4:52.54	John Martino	2003		9	32'11.75"	Justin Sandy	2003			**MEN'S TOP TEN LIST INDOOR**			
	10	5:16.54	John Hall	2003		10	32'5"	Mike Trudnak	2002						
Mile	1	4:26.77	Frankie Redmond	2009	**Weight**	1	43'4.5"	Ryan Kearney	2007						
	2	4:26.94	Chris Wadas	2004		2	39'08-50	Artie Pupa	2008						
	3	4:30.00	Jeff Ward	2007		3	39'3.25	George Lazur	2004						
	4	4:42.39	Dave Allison	2003		4	28'-1.5"	Mike Trudnak	2003						
	5	4:42.45	Pat Noonan	2009		5	27'01.25"	Kanen Gavitt	2009						
	6	4:43.55	Chase Susko	2007		6									
	7	4:48.30	Mike Guest	2008		7									
	8	4:48.59	Steve Beecher	2007		8									
	9	4:50.60	Dillon Lockwood	2004		9									
	10	4:51.65	Barry Snyder	2005		10									