



Women's Indoor Records

<u>Event</u>	<u>Name</u>	<u>Time/Distance</u>	<u>Year</u>
55M	Sue Bochnovich	7.57	2008
60M	Karena Richards	8.75	2006
55H	Stephanie Pellegrino	9.06	2007
60H	Stephanie Pellegrino	10.09	2007
200M	Sue Bochnovich	26.64	2009
400M	Sue Bochnovich	1:01.14	2008
500M	Sue Bochnovich	1:21.38	2006
800M	Ali Ostrum	2:25.67	2009
1000M	Ali Ostrum	3:07.61	2009
1500M	Leanne Gryzboski	5:26.53	2004
1 Mile	Ali Ostrum	5:12.49	2008
3000M	Ali Ostrum	10:34.82	2009
2 Mile	----	----	----
5000M	Ali Ostrum	18:27.55	2009
Long Jump	Stephanie Pellegrino	15'5.5"	2008
Triple Jump	Jen Menchi	34'0.5"	2003
High Jump	Ashley Carlton	4'11.75"	2004
Pole Vault	----	----	----
Shot Put	Jessica Bealer	37'04"	2009
Weight Throw	Lynne Reynolds	39'6.5"	2004
4x200 Relay	J. Lozier - S. Pellegrino	1:50.605	2008
	S. Bochnovich - R. Razawich		
4x400 Relay	S. Pellegrino - M. Cusatis	4:16.59	2009
	S. Bochnovich - R. Razawich		
4x800 Relay	J. O'Connor - B. Arminavage	10:54.06	2002
	K. Nye - K. Maddalena		
4x1600 Relay	K. Weaver - A. Radishofski	24:37.89	2008
	H. McAndrew - A. Ostrum		
DMR	A. DiLuicido - R. Razawich	12:35.42	2009
	M. Cusatis - A. Ostrum		
Pentathlon	Stephanie Pellegrino	2447	2008

(through 2008-09 season)